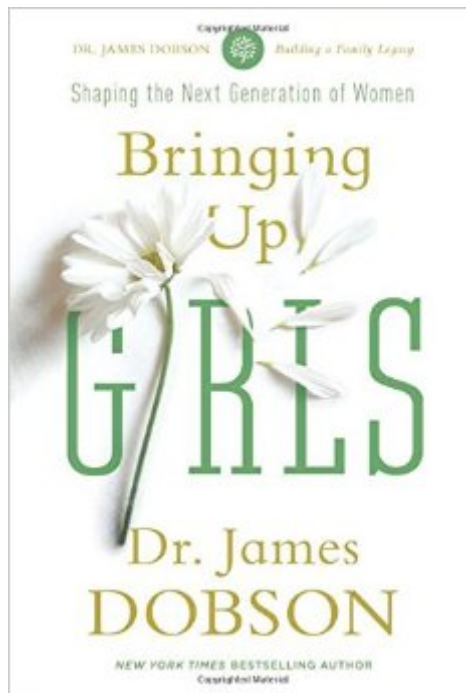


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# Bringing Up Girls: Practical Advice And Encouragement For Those Shaping The Next Generation Of Women



## Synopsis

The ultimate guide to raising our daughters rightâ€”from parenting authority and trusted family counselor Dr. James Dobson. Peer pressure. Eating disorders. Decisions about love, romance, and sex. Academic demands. Life goals and how to achieve them. These are just some of the challenges that girls face todayâ€”and the age at which they encounter them is getting younger and younger. As a parent, how are you guiding your daughter on her journey to womanhood? Are you equipping her to make wise choices? Whether sheâ€™s still playing with dolls or in the midst of the often-turbulent teen years, is she truly secure in her identity as your valued and loved daughter? In the New York Times bestseller *Bringing Up Girls*, Dr. James Dobson will help you face the challenges of raising your daughters to become strong, healthy, and confident women who excel in life. (This new edition is part of Dr. James Dobsonâ€™s Building A Family Legacy initiative.)

## Book Information

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## Customer Reviews

Several years ago I read Dr. Dobson's book *Bringing Up Boys*. As the mother of a boy and the wife of a man who used to be a boy, I was thrilled to learn what made them tick. So, I was very excited to have the chance to review *Bringing Up Girls* through the Tyndale Blog Network! Dr. Dobson, in *Bringing up Girls*, first relates the physiological and psychological differences between boys and girls answering the question: What makes girls unique? Everything he writes is well backed up with current research. He goes on to talk about the importance of mothers and then fathers in a girl's life. He broaches some discussion of discipline. He looks at modesty and why this is such an issue with girls today. He sites research related to our current culture and technological trends that affect girls

particularly. He attempts to give parents a better understanding of why their little girls (and big girls) are the way they are and to equip parents to raise these girls to be the young women God wants them to be. I was very impressed with *Bringing Up Girls* (as I was with *Bringing up Boys*). I find the physiological differences between boys and girls very interesting- especially as our culture has tried for so long to tell us boys and girls really aren't all that different. I think Dr. Dobson does an excellent job of bringing in a wide array of statistical research as well as writings from other learned people on the topic. He also provides real life interviews with girls and parents to give practical examples. Dr. Dobson is very opinionated about such issues as stay-at-home moms, abstinence, and modesty. Some readers may not appreciate this "political incorrectness", but, as I happen to agree with most of what he says, I do appreciate his candidness.

Upon awaiting anxiously for a couple of years for this much anticipated book, I'd have to give it a very high rating! Similar to Dobson's book, *Bringing Up Boys*, this book offers outstanding advice based on the current culture in raising up daughters. Whoever said that boys and girls were the same was wrong. Scientifically, Dobson has shown the difference of the two genders. They are wired so differently. In a culture where we are self-obsessed, girls are growing up at a young age feeling "fat" and insecure. Girls as young as nine are dieting. Sixty percent of girls at age 15 will have eating disorders. So what's a parent to do? Thankfully, we have the guidance of people like Dobson who has thoroughly analyzed the female gender and has given us great perspective on what to do. There has been insurmountable evidence that points to the importance of fathers in a daughter's life. There are chapters devoted to both mothers and fathers in this book. I like the examples from families like the Wilsons who started the Father-Daughter Purity Ball. Included in the book is an interview from them and how they raised their seven children. Knowing one of them personally, I can tell you that their emphasis on purity in their daughter's lives has truly made a difference. There is a chapter on bullies and buddies. From the news, we hear of more incidents where girls have been harmed or have even committed suicide because of bullies. As I think back on my youth, I was also harmed by bullies who made for a difficult teenage experience. Dobson stresses the importance of parents talking with their teenagers about these issues. What I also enjoyed was the questions and answers sections in this book.

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